



Infectious Diseases Policy

Aim

To minimise the spread of potential infectious diseases between children, adults and staff by excluding people who may have infectious diseases

Who is affected by this policy?

All users and staff of Friends Health & Fitness

Recommended Minimum Periods of Exclusion

National Health and Medical Research Council.

Staying Healthy -Preventing Infectious Diseases in Early Childhood Education and Care Services 5th edition, Commonwealth of Australia 2012.

Name of Infectious Disease	Exclusion Details	Clearance
Campylobacter	Exclude until there has not been a loose bowel motion for 24 hours. ^b Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Candidiasis ('Thrush)	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Chickenpox (Varicella)	Exclude until all blisters have dried. This is usually at least 5 days after the rash first appeared in unimmunised children and less in immunised children. Exclusion of contacts - Any child with an immune deficiency (for example, leukaemia) or receiving chemotherapy should be excluded for their own protection. Otherwise not	Dried blisters

	excluded.	
CMV (Cytomegalovirus infection)	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Conjunctivitis	Exclude until discharge from the eyes has stopped unless a doctor has diagnosed non-infectious Conjunctivitis. Exclusion of Contacts - Not excluded.	Medical certificate or clearance of symptoms
Cryptosporidium	Exclude until there has not been a loose bowel motion for 24 hours. ^b Exclusion of Contacts – Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Diarrhoea (No organism identified)	Exclude until there has not been a loose bowel motion for 24 hours. ^b No access to pool, spa, sauna for 7 days. Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 7 days has passed
Fungal infections of the skin or nails (eg ringworm, tinea)	Exclude until the day after starting appropriate anti-fungal treatment. Exclusion of Contacts - Not excluded.	n/a
German measles (See 'Rubella')		
Giardiasis	Exclude until there has not been a loose bowel motion for 24 hours. ^b Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Glandular fever (Mononucleosis, EBV infection)	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Hand, foot and mouth disease	Exclude until all blisters have dried. Exclusion of Contacts - Not excluded.	Dried blisters

Haemophilus influenzae type b (Hib)	Exclude until the person has received appropriate antibiotic treatment for at least 4 days. Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 4 days has passed
Head lice (Pediculosis)	Exclusion is NOT necessary if effective treatment begins before the next day at the Service. (The child doesn't need to be sent home immediately if head lice are detected). Exclusion of Contacts - Not excluded.	n/a
Hepatitis A	Exclude until a medical certificate of recovery is received and until at least 7 days after the onset of jaundice. Exclusion of Contacts - Not excluded. Contact a public health unit for specialist advice about treating or vaccinating others who may have been exposed.	Medical certificate
Hepatitis B	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Hepatitis C	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Herpes simplex (cold sores, fever blisters)	Exclusion is not necessary if the person is developmentally capable of maintaining hygiene practices to minimise the risk of transmission. If the person is unable to comply with these practices they should be excluded until the sores are dry. Sores should be covered by a dressing where possible. Exclusion of Contacts - Not	n/a

	excluded.	
Human Immunodeficiency Virus (HIV/AIDS)	Exclusion is NOT necessary. If the person is severely immunocompromised, they will be vulnerable to other people's illnesses. Exclusion of Contacts - Not excluded.	n/a Staff to be conscious of first aid treatments that may be required and exercise extreme caution and hygiene
Human Parvovirus B19 (fifth disease, erythema infectiosum, slapped cheek syndrome)	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Hydatid disease	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Impetigo (school sores)	Exclude until appropriate antibiotic treatment has commenced. Any sores on exposed skin should be covered with a watertight dressing. Exclusion of Contacts - Not excluded.	Water tight dressing until sores have disappeared.
Influenza and influenza-like illnesses	Exclude until well. Exclusion of Contacts - Not excluded.	Clearance of symptoms
Listeriosis	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Measles	Exclude for 4 days after the onset of the rash. Exclusion of Contacts - Immunised and immune contacts are not excluded. For non-immunised contacts, contact a public health unit for specialist advice. All immunocompromised children should be excluded until 14 days after the first day of appearance of rash in the last case.	Confirmation from parent or adult person that 4 days has passed
Meningitis (viral)	Exclude until well. Exclusion of Contacts - Not	Clearance of symptoms

	excluded.	
Meningococcal infection	Exclude until appropriate antibiotic treatment has been completed. Exclusion of Contacts - Not excluded. Contact a public health unit for specialist advice about antibiotics and /or vaccination for people who were in the same room.	Confirmation from parent or adult person that antibiotic treatment has been completed
Molluscum contagiosum	Exclusion in the aquatic environment	Medical certificate
Mumps	Exclude for 9 days or until swelling goes down (whichever is sooner). Exclusion of Contacts - Not excluded.	Clearance of symptoms
Norovirus	Exclude until there has not been a loose bowel motion or vomiting for 48 hours. Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 48 hours has passed
Pertussis (See 'Whooping Cough')		
Pneumococcal Disease	Exclusion until person is well. Exclusion of Contacts - Not excluded.	Clearance of symptoms
Roseola	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Ross River virus	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Rotavirus infection	Children are to be excluded from the service until there has not been a loose bowel motion or vomiting for 24 hours. ^b Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Rubella (German measles)	Exclude until fully recovered or for at least four days after the	Confirmation from parent or adult person that 4 days has

	onset of the rash. Exclusion of Contacts - Not excluded.	passed
Salmonellosis (Salmonella infection)	Exclude until there has not been a loose bowel motion for 24 hours. ^b Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Scabies	Exclude until the day after appropriate treatment has commenced. Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Shigellosis	Exclude until there has not been a loose bowel motion for 24 hours. ^b Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Streptococcal sore throat (including scarlet fever)	Exclude until the person has received antibiotic treatment for at least 24 hours and feels well. Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Toxoplasmosis	Exclusion is NOT necessary. Exclusion of Contacts - Not excluded.	n/a
Tuberculosis (TB)	Exclude until medical certificate is produced from an appropriate health authority. Exclusion of Contacts - Not excluded. Contact a public health unit for specialist advice about screening, antibiotics or TB clinics.	Medical certificate
Varicella See 'Chickenpox'		
Viral gastroenteritis (viral diarrhoea)	Excluded until there has not been a loose bowel motion for 24 hours. ^b Exclusion of Contacts - Not excluded.	Confirmation from parent or adult person that 24 hours has passed
Whooping cough (pertussis)	Exclude until 5 days after	Confirmation from parent or

	<p>starting appropriate antibiotic treatment or for 21 days from the onset of coughing.</p> <p>Exclusion of Contacts - Contact a public health unit for specialist advice about excluding non-vaccinated contacts, or antibiotics</p>	<p>adult person that 5 days has passed</p>
Worms	<p>Exclude if loose bowel motions are occurring. Exclusion is not necessary if treatment has occurred.</p> <p>Exclusion of Contacts - Not excluded.</p>	<p>Confirmation from parent or adult person that there are no loose bowel motions</p>

^b If the cause is unknown, possible exclusion for 48 hours until the cause is identified. However, educators and other staff who have a food handling role should always be excluded until there has not been a loose bowel motion for 48 hours.

Sources

Education and Care Services National Regulations 2011

National Quality Standard

Department of Health and Aging, National Immunisation Program Schedule

NHMRC. Staying Healthy -Preventing Infectious Diseases in Early Childhood Education and Care Services 5th edition

Public Health Act 1997

Guidelines for Notification of Notifiable Diseases, Human Pathogenic Organisms and Contaminants
Dept Health and Human Services Tasmania

Review

The policy will be reviewed annually. The review will be conducted by:

- Management

Last reviewed: December 2014