

Pool Lane Schedule – 14 July 2025

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)
MONDAY	6.00am	4	✓	TUESDAY	6.00am	6	✓	WEDNESDAY	6.00am	4	✓
	7.30am	6	✓		9.00am	4	✓		7.30am	6	✓
	9.00am	4	✓		12.30pm	5	✓		9.00am	4	✓
	12.30pm	6	✓		1.15pm	6	✓		12.30pm	5	✓
	4.00pm	3	✓		4.00pm	4	✓		1.15pm	6	✓
	6.00pm	2	✓		6.00pm	6	✓		4.00pm	3	✓
	7.00pm	6	✓		6.20pm	2	✓		5.00pm	2	✓
7.45pm close				7.45pm close				7.45pm close			
THURSDAY	6.00am	6	✓	FRIDAY	6.00am	4	✓	SATURDAY	8.00am	2	✓
	9.00am	4	✓		7.30am	6	✓		9.15am	6	✓
	12.30pm	5	✓		9.00am	4	✓	5.45pm close			
	1.15pm	6	✓		12.30pm	6	✓	SUNDAY	Time	Lanes Available	Side Lane (Ladder)
	4.00pm	3	✓		2.00pm	5	✓		9.00am	6	✓
	5.00pm	2	✓		3.30pm	6	✓	5.45pm close			
	6.00pm	4	✓		4.00pm	3	✓				
	6.20pm	2	✓		5.00pm	2	✓				
	7.20pm	6	✓		6.30pm	6	✓				
7.45pm close				7.45pm close							

KEY: FH&F Programs Aqua Group Fitness Class School Swim Program Pool booking

Lanes Available: Number of lap swimming lanes available | Side Lane: Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

Swimming caps are mandatory in the pool | This pool schedule is subject to change without notice

POOL HALL RESTRICTIONS

NOTE: A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.