

Pool Lane Schedule – 7 July 2025

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)
MONDAY	6.00am	4	✓	TUESDAY	6.00am	6	✓	WEDNESDAY	6.00am	4	✓
	7.30am	6	✓		4.00pm	4	✓		7.30am	6	✓
	4.00pm	3	✓		6.00pm	6	✓		3.00pm	5	✓
	6.00pm	2	✓		6.20pm	2	✓		4.00pm	3	✓
	7.00pm	6	✓		7.20pm	6	✓		5.00pm	2	✓
7.45pm close			7.45pm close			7.45pm close					

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)	
THURSDAY	6.00am	6	✓	FRIDAY	6.00am	4	✓	SATURDAY	8.00am	2	✓	
	3.00pm	5	✓		7.30am	6	✓		9.15am	6	✓	
	4.00pm	3	✓		10.30am	5	✓		5.45pm close			
	5.00pm	2	✓		12.00pm	6	✓		SUNDAY	Time	Lanes Available	Side Lane (Ladder)
	6.00pm	4	✓		4.00pm	3	✓			9.00am	6	✓
6.20pm	2	✓	5.00pm	2	✓	5.45pm close						
7.20pm	6	✓	6.30pm	6	✓							
7.45pm close			7.45pm close									

KEY: FH&F Programs Aqua Group Fitness Class School Swim Program Pool booking

Lanes Available: Number of lap swimming lanes available | **Side Lane:** Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

Swimming caps are mandatory in the pool | This pool schedule is subject to change without notice

POOL HALL RESTRICTIONS

NOTE: A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.