

Pool Lane Schedule – 18 August 2025

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)
MONDAY	6.00am	4	✓	TUESDAY	6.00am	6	✓	WEDNESDAY	6.00am	4	✓
	8.30am	3	✗		7.15am	3	✓		7.30am	6	✓
	10.40am	6	✓		8.30am	3	✗		8.30am	2	✗
	12.00am	3	✗		10.30am	6	✓		10.15am	6	✓
	1.00pm	6	✓		11.30am	3	✗		11.30am	1	✗
	3.15pm	3	✓		3.15pm	3	✓		3.15pm	3	✓
	4.00pm	0	✗		4.00pm	0	✗		4.00pm	0	✗
	6.00pm	2	✓		6.00pm	4	✓		6.00pm	2	✓
	7.00pm	6	✓		6.20pm	2	✓		7.00pm	6	✓
7.45pm close				7.45pm close				7.45pm close			

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		
THURSDAY	6.00am	6	✓	FRIDAY	6.00am	4	✓	SATURDAY	8.00am	2	✓		
	7.15am	3	✓		7.30am	6	✓		9.15am	3	✓		
	8.30am	3	✗		8.30am	2	✗		12.45am	4	✗		
	9.30am	1	✗		10.30am	6	✓		3.15pm	6	✓		
	10.30am	6	✓		11.30am	1	✗		5.45pm close				
	11.10am	1	✗		1.30pm	3	✗	SUNDAY	Time	Lanes Available	Side Lane (Ladder)		
	1.40pm	3	✗		2.45pm	3	✗		9.00am	6	✓		
	3.15pm	3	✓		3.15pm	3	✓		5.45pm close				
	4.00pm	0	✗		4.00pm	0	✗						
	6.00pm	2	✓		6.00pm	2	✓						
	6.20pm	2	✓		6.30pm	6	✓						
	7.20pm	6	✓	7.45pm close									
7.45pm close													

KEY: FH&F Programs Aqua Group Fitness Class School Swim Program Pool booking FH&F & School Swim Programs

Lanes Available: Number of lap swimming lanes available | **Side Lane:** Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

Swimming caps are mandatory in the pool | **This pool schedule is subject to change without notice**

Learn to Swim, Term 3: 21 July – 27 Sept 2025 • Adult Learn to Swim, Term 3 (Intake 1): 22 July – 21 Aug 2025 (Both these classes are part of the FH&F Program Sessions above)

POOL HALL RESTRICTIONS

MEMBERS* ONLY for Steam & Spa at peak times: 3pm-6pm Monday to Friday AND 9.30am-12.30pm Saturdays (during school terms)

MEMBERS* - NO POOL ACCESS during these peak times: 4pm-6pm Monday to Friday (during school terms)

MEMBERS* ONLY for Lap Swimming during these peak times: 3pm-4pm Monday to Friday AND 9.30am-12.30pm Saturdays (during school terms)

NO Casual or Visit Pass entries during peak times (Pool, Steam or Spa): 3pm-6pm Monday to Friday AND 9.30am-12.30pm Saturdays - This applies during school terms only, in line with our Learn to Swim Program (which runs to the Saturday after the last day of school)

* The following conditions apply to pool hall access during the peak times specified above:

- Members are defined as holding an active, financial membership and do not include 'Visit Pass' holders.
- Members ONLY permitted for spa and steam room access during peak times as shown.
- Members ONLY permitted for lap swimming 3pm-4pm Monday to Friday and 9.30am-12.30pm Saturday.

NOTE: A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.