

Pool Lane Schedule – 29 September 2025

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)	
MONDAY	6.00am	4	✓	TUESDAY	6.00am	6	✓	WEDNESDAY	6.00am	4	✓	
	7.30am	6	✓		3.00pm	5	✓		7.30am	6	✓	
	8.00am	4	✓		4.00pm	4	✓		4.00pm	3	✓	
	9.00am	6	✓		6.20pm	2	✓		6.00pm	4	✓	
	4.00pm	3	✓		7.20pm	6	✓		6.30pm	6	✓	
	6.00pm	2	✓		7.45pm close				7.45pm close			
	7.00pm	6	✓									
	7.45pm close											
THURSDAY	6.00am	6	✓	FRIDAY	6.00am	4	✓	SATURDAY	8.00am	2	✓	
	3.00pm	5	✓		7.30am	6	✓		9.00am	6	✓	
	4.00pm	3	✓		4.00pm	3	✓		5.45pm close			
	6.00pm	4	✓		6.30pm	6	✓					
	6.20pm	2	✓		7.45pm close				SUNDAY	Time	Lanes Available	Side Lane (Ladder)
	7.20pm	6	✓							9.00am	6	✓
	7.45pm close									5.45pm close		

KEY: FH&F Programs Aqua Group Fitness Class School Swim Program Pool booking FH&F & School Swim Programs

Lanes Available: Number of lap swimming lanes available | **Side Lane:** Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

Swimming caps are mandatory in the pool | **This pool schedule is subject to change without notice**

UPCOMING LEARN TO SWIM PROGRAMS:

- Learn to Swim Spring Holiday Program: 6-10 Oct 2025
- Learn to Swim, Term 4: 13 Oct – 20 Dec 2025
- Adult Learn to Swim, Term 4 (Intake 1): 14 Oct – 13 Nov 2025

POOL HALL RESTRICTIONS

NOTE: A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.