

# Pool Lane Schedule – 26 January 2026



	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)
MONDAY	9.00am	6	✓	TUESDAY	6.00am	6	✓	WEDNESDAY	6.00am	4	✓
	1.45pm close				4.00pm	4	✓		7.30am	6	✓
	Australia Day Public Holiday 26 January 2026 FHF Open 9am-2pm				6.20pm	2	✓		4.00pm	3	✓
					7.20pm	6	✓		6.00pm	2	✓
				7.45pm close				7.00pm	6	✓	
								7.45pm close			
THURSDAY	Time	Lanes Available	Side Lane (Ladder)	FRIDAY	Time	Lanes Available	Side Lane (Ladder)	SATURDAY	Time	Lanes Available	Side Lane (Ladder)
	6.00am	6	✓		6.00am	4	✓		8.00am	2	✓
	4.00pm	3	✓		7.30am	6	✓		9.15am	6	✓
	6.00pm	2	✓		4.00pm	3	✓		5.45pm close		
	6.20pm	2	✓		6.30pm	6	✓				
7.00pm	6	✓	7.45pm close			SUNDAY	Time	Lanes Available	Side Lane (Ladder)		
7.45pm close							9.00am	6	✓		

**KEY:**
  FH&F Programs 
   Aqua Group Fitness Class 
   School Swim Program 
   Pool booking 
   FH&F & School Swim Programs

**Lanes Available:** Number of lap swimming lanes available | 
 **Side Lane:** Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

Swimming caps are mandatory in the pool | This pool schedule is subject to change without notice

**NOTE:** A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.