

# Pool Lane Schedule – 2 March 2026



	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)	
<b>MONDAY</b>	6.00am	4	✓	<b>TUESDAY</b>	6.00am	6	✓	<b>WEDNESDAY</b>	6.00am	4	✓	
	7.30am	6	✓		9.00am	2	✓		7.30am	6	✓	
	9.00am	2	✓		1.30pm	6	✓		9.00am	2	✓	
	1.30pm	6	✓		3.15pm	3	✓		11.30am	6	✓	
	3.15pm	3	✓		4.00pm	0	✗		1.00pm	2	✓	
	4.00pm	0	✗		6.00pm	2	✓		3.00pm	6	✓	
	6.00pm	2	✓		6.15pm	1	✓		3.15pm	3	✓	
	7.00pm	6	✓		6.20pm	1	✓		4.00pm	0	✗	
<b>7.45pm close</b>				6.30pm	2	✓	6.00pm	2	✓			
				7.20pm	6	✓	7.00pm	6	✓			
				<b>7.45pm close</b>						<b>7.45pm close</b>		

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)	
<b>THURSDAY</b>	6.00am	6	✓	<b>FRIDAY</b>	6.00am	4	✓	<b>SATURDAY</b>	8.00am	2	✓	
	9.00am	2	✓		7.30am	6	✓		9.15am	3	✓	
	1.30pm	6	✓		9.00am	2	✓		12.45pm	4	✓	
	3.15pm	3	✓		1.30pm	6	✓		3.15pm	6	✓	
	4.00pm	0	✗		2.45pm	5	✓		<b>5.45pm close</b>			
	6.00pm	2	✓		3.15pm	3	✓		<b>SUNDAY</b>	Time	Lanes Available	Side Lane (Ladder)
	6.20pm	2	✓		4.00pm	0	✗			9.00am	6	✓
	7.20pm	6	✓		6.00pm	2	✓			<b>5.45pm close</b>		
<b>7.45pm close</b>				6.30pm	6	✓						
				<b>7.45pm close</b>								

**KEY:**   FH&F Programs   Aqua Group Fitness Class   School Swim Program   Pool booking   FH&F & School Swim Programs

**Lanes Available:** Number of lap swimming lanes available | **Side Lane:** Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

**Swimming caps are mandatory in the pool** | **This pool schedule is subject to change without notice**

Learn to Swim, Term 1: 10 Feb – 18 Apr 2026 • Adult Learn to Swim, Term 1 (Intake 1): 10 Feb – 12 Mar 2026 (Both these classes are part of the FH&F Program Sessions above)

## POOL HALL RESTRICTIONS

**MEMBERS\*\* ONLY for Steam & Spa at peak times:** 3pm-6pm Monday to Friday AND 9.30am-12.30pm Saturdays (during school terms)

**MEMBERS\*\* - NO POOL ACCESS during these peak times:** 4pm-6pm Monday to Friday (during school terms)

**MEMBERS\*\* ONLY for Lap Swimming during these peak times:** 3pm-4pm Monday to Friday AND 9.30am-12.30pm Saturdays (during school terms)

**NO Casual or Visit Pass entries during peak times (Pool, Steam or Spa):** 3pm-6pm Monday to Friday AND 9.30am-12.30pm Saturdays - This applies during school terms only, in line with our Learn to Swim Program (which runs to the Saturday after the last day of school)

**\*\* The following conditions apply to pool hall access during the peak times specified above:**

- Members are defined as holding an active, financial membership and do not include 'Visit Pass' holders.

**NOTE:** A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.