

Pool Lane Schedule – 9 March 2026



	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)			
MONDAY	9.00am	6	✓	TUESDAY	6.00am	6	✓	WEDNESDAY	6.00am	4	✓			
	1.45pm close				3.15pm	3	✓		7.30am	6	✓			
	Eight Hours Day Public Holiday FHF Open 9am-2pm				4.00pm	0	✗		3.15pm	3	✓			
					6.00pm	2	✓		4.00pm	0	✗			
					6.15pm	1	✓		6.00pm	2	✓			
					6.20pm	1	✓		6.15pm	1	✓			
					6.30pm	2	✓		6.20pm	1	✓			
					7.20pm	6	✓		6.30pm	2	✓			
					7.45pm close				7.20pm	6	✓	7.00pm	6	✓
									7.45pm close			7.45pm close		

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)	
THURSDAY	6.00am	6	✓	FRIDAY	6.00am	4	✓	SATURDAY	8.00am	2	✓	
	3.15pm	3	✓		7.30am	6	✓		9.15am	3	✓	
	4.00pm	0	✗		2.45pm	5	✓		12.45pm	4	✓	
	6.00pm	2	✓		3.15pm	3	✓		3.15pm	6	✓	
	6.20pm	2	✓		4.00pm	0	✗		5.45pm close			
	7.20pm	6	✓		6.00pm	2	✓		SUNDAY	Time	Lanes Available	Side Lane (Ladder)
	7.45pm close				6.30pm	6	✓			9.00am	6	✓
			7.45pm close			1.00pm	4	✓				
						3.00pm	6	✓	5.45pm close			

KEY: FH&F Programs Aqua Group Fitness Class School Swim Program Pool booking FH&F & School Swim Programs

Lanes Available: Number of lap swimming lanes available | **Side Lane:** Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

Swimming caps are mandatory in the pool | This pool schedule is subject to change without notice

Learn to Swim, Term 1: 10 Feb – 18 Apr 2026 • Adult Learn to Swim, Term 1 (Intake 1): 10 Feb – 12 Mar 2026 (Both these classes are part of the FH&F Program Sessions above)

POOL HALL RESTRICTIONS

MEMBERS** ONLY for Steam & Spa at peak times: 3pm-6pm Monday to Friday AND 9.30am-12.30pm Saturdays (during school terms)	MEMBERS** - NO POOL ACCESS during these peak times: 4pm-6pm Monday to Friday (during school terms)	MEMBERS** ONLY for Lap Swimming during these peak times: 3pm-4pm Monday to Friday AND 9.30am-12.30pm Saturdays (during school terms)
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NO Casual or Visit Pass entries during peak times (Pool, Steam or Spa): 3pm-6pm Monday to Friday AND 9.30am-12.30pm Saturdays - This applies during school terms only, in line with our Learn to Swim Program (which runs to the Saturday after the last day of school)

**** The following conditions apply to pool hall access during the peak times specified above:**

- Members are defined as holding an active, financial membership and do not include 'Visit Pass' holders.

NOTE: A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.