

Pool Lane Schedule – 27 April 2026

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)
MONDAY	6.00am	4	✓	TUESDAY	6.00am	6	✓	WEDNESDAY	6.00am	4	✓
	7.30am	6	✓		9.00am	3	✓		7.30am	6	✓
	9.00am	3	✓		1.00pm	6	✓		9.00am	3	✓
	1.00pm	6	✓		4.00pm	4	✓		1.00pm	6	✓
	4.00pm	3	✓		6.20pm	2	✓		4.00pm	3	✓
	6.00pm	2	✓		7.20pm	6	✓		6.00pm	2	✓
	7.00pm	6	✓		7.45pm close				7.00pm	6	✓
	7.45pm close								7.45pm close		

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)
THURSDAY	6.00am	6	✓	FRIDAY	6.00am	4	✓	SATURDAY	8.00am	2	✓
	9.00am	3	✓		7.30am	6	✓		9.15am	6	✓
	1.00pm	6	✓		9.00am	3	✓		4.00pm	4	✓
	4.00pm	3	✓		1.00pm	6	✓		5.00pm	6	✓
	6.20pm	2	✓		4.00pm	3	✓		5.45pm close		
	7.20pm	6	✓		6.30pm	6	✓	SUNDAY	Time	Lanes Available	Side Lane (Ladder)
	7.45pm close				7.45pm close				9.00am	6	✓
						5.45pm close					

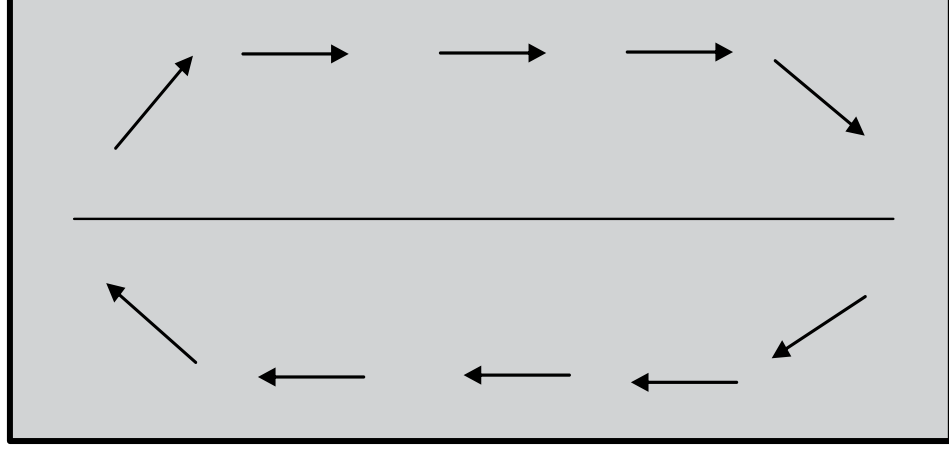
KEY: FH&F Programs Aqua Group Fitness Class School Swim Program Pool booking FH&F & School Swim Programs

Lanes Available: Number of lap swimming lanes available | **Side Lane:** Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

Swimming caps are mandatory in the pool | **This pool schedule is subject to change without notice**

NOTE: A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.

Lap Swimmers Lane Etiquette Guide



By following these simple suggestions you can help to create a safe and enjoyable swim session for yourself and others:

- **Please swim on the left-hand side of the lane.**
This avoids the possibility of any head on collisions
- **Check the lane speed signs and select the lane displaying the appropriate speed for your swimming ability**
- **Give way to faster swimmers by allowing room for them to pass**
- **When overtaking ensure your legs, feet, arms and hands are not going to contact the other swimmer**