

Pool Lane Schedule – 19 October 2026

	Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)		Time	Lanes Available	Side Lane (Ladder)
MONDAY	6.00am	4	✓	TUESDAY	6.00am	6	✓	WEDNESDAY	6.00am	4	✓
	8.30am	6	✓		9.15am	0	✗		7.30am	6	✓
	9.00am	0	✗		3.15pm	3	✓		9.00am	0	✗
	1.00pm	6	✓		4.00pm	0	✗		1.00pm	6	✓
	3.15pm	3	✓		6.00pm	2	✓		3.15pm	2	✓
	4.00pm	0	✗		6.20pm	2	✓		4.00pm	0	✗
	6.00pm	2	✓		7.20pm	6	✓		6.00pm	2	✓
	7.00pm	6	✓		7.45pm close				7.00pm	6	✓
7.45pm close							7.45pm close				

KEY: FH&F Programs Aqua Group Fitness Class School Swim Program Pool booking FH&F & School Swim Programs

Lanes Available: Number of lap swimming lanes available | **Side Lane:** Availability of side lane (✓ yes OR ✗ no stairs and no ladder side lane)

Swimming caps are mandatory in the pool | This pool schedule is subject to change without notice

Learn to Swim, Term 4: 19 Oct – 19 Dec 2026 • Adult Learn to Swim, Term 4 (Intake 1): 20 Oct – 19 Nov 2026 (Both these classes are part of the FH&F Program Sessions above)

POOL HALL RESTRICTIONS

MEMBERS ONLY for Steam & Spa at peak times:**
3pm-6pm Monday to Friday AND 9.30am-12.30pm Saturdays (during school terms)

MEMBERS - NO POOL ACCESS during these peak times:** 4pm-6pm Monday to Friday (during school terms)

MEMBERS ONLY for Lap Swimming during these peak times:**
3pm-4pm Monday to Friday AND 9.30am-12.30pm Saturdays (during school terms)

NO Casual or Visit Pass entries during peak times (Pool, Steam or Spa): 3pm-6pm Monday to Friday AND 9.30am-12.30pm Saturdays - This applies during school terms only, in line with our Learn to Swim Program (which runs to the Saturday after the last day of school)

**** The following conditions apply to pool hall access during the peak times specified above:**

- Members are defined as holding an active, financial membership and do not include 'Visit Pass' holders.

NOTE: A Family & General Activity lane is provided ONLY when 4 or more lanes are available during off-peak times, and at the discretion of Centre Management.